

SHACHARIS

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| 6:15 AM | Young Israel Shomrai Emunah | M-F |
| 6:25 AM | Southeast Hebrew Cong., Knesset Yehoshua | M-F |
| 6:30 AM | Beth Sholom Congregation | M-F |
| | Chabad of Silver Spring | M-F |
| | Ohev Shalom Talmud Torah OLNEY | M-F |
| | Silver Spring Jewish Center | T, W, F |
| | Young Israel Shomrai Emunah | S |
| | YGW | M, Th |
| 6:35 AM | Ohr Hatorah | M, Th |
| 6:40 AM | YGW | S, M, Th |
| 6:45 AM | Kemp Mill Synagogue | M, Th |
| | Ohr Hatorah | T, W, F |
| | Young Israel Shomrai Emunah | M, Th |
| | Magen David Sephardic Congregation | M-Th |
| 6:50 AM | Woodside Synagogue/Ahavas Torah | S-F |
| | Silver Spring Jewish Center | S-F |
| 6:55 AM | Young Israel Shomrai Emunah | T, W, F |
| 7:00 AM | Chabad of Upper Montgomery County | M-F |
| | Kemp Mill Synagogue | T, W, F |
| | Southeast Hebrew Cong., Knesset Yehoshua | S |
| | Silver Spring Jewish Center | S |
| | Woodside Synagogue/Ahavas Torah | T, W, F |
| | Young Israel Ezras Israel of Potomac | M-F |

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|---------|---|---------|
| 7:05 AM | Keshet Israel | M, Th |
| 7:15 AM | Kemp Mill Synagogue | M, Th |
| | Keshet Israel | T, W, F |
| | Ohev Shalom Talmud Torah/The National Synagogue | M-F |
| | Ohr Hatorah | S |
| | Young Israel Shomrai Emunah | M-F |
| 7:30 AM | Chabad of DC | M-F |
| | Chabad of Potomac | M-F |
| | JROC | M-F |
| | Kemp Mill Synagogue | T, W, F |
| | Southeast Hebrew Cong., Knesset Yehoshua | M-F |
| | Young Israel Shomrai Emunah | S |
| | Young Israel Shomrai Emunah (Sfardi) | S-F |
| 7:35 AM | Young Israel Shomrai Emunah (Rosh Chodesh Only) | M, Th |
| 7:45 AM | YGW (Yeshiva Session Only) | S |
| 7:50 AM | Magen David Sephardic Congregation | F |
| 8:00 AM | Beth Sholom Congregation | S |
| | Kemp Mill Synagogue | S |
| | Keshet Israel | S |
| | Magen David Sephardic Congregation | S |
| | Ohev Shalom Talmud Torah OLNEY | S |
| | Southeast Hebrew Cong., Knesset Yehoshua | S |

| | | |
|---------|--|-----|
| 8:00 AM | Woodside Synagogue/Ahavas Torah | S |
| | YGW (High School; School-Contingent) | S |
| | Young Israel Ezras Israel of Potomac | S |
| | Young Israel Shomrai Emunah | S |
| 8:15 AM | Ohr Hatorah | S |
| | Silver Spring Jewish Center | M-F |
| 8:30 AM | Beth Joshua Congregation / Berman Hebrew Academy | S-F |
| | Chabad of DC | S |
| | Chabad of Potomac | S |
| | Chabad of Upper Montgomery County | S |
| | JROC | S |
| | Ohev Shalom Talmud Torah/The National Synagogue | S |
| | Silver Spring Jewish Center | S |
| | YGW (Summer Only) | S-F |
| 8:45 AM | Young Israel Shomrai Emunah | S-F |
| 9:00 AM | Chabad of Silver Spring | S |
| | Kemp Mill Synagogue | S |

MINCHA

| | | |
|---------|--------------------------------|-------------|
| 1:00 PM | Silver Spring Jewish Center | M-Th |
| 1:50 PM | YGW | Summer |
| 2:20 PM | YGW | School Days |
| 2:45 PM | YGW | S-Th |
| 4:30 PM | Ohev Shalom Talmud Torah OLNEY | S-Th |

MINCHA/MAARIV Before Shkiah, S-TH

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| Beth Sholom Congregation |
| Chabad of Potomac |
| Chabad of Silver Spring |
| Chabad of Upper Montgomery County |
| JROC |
| Kemp Mill Synagogue |
| Keshet Israel |
| Magen David Sephardic Congregation |
| Ohev Shalom Talmud Torah/The National Synagogue |
| Ohr Hatorah |
| Silver Spring Jewish Center |
| Southeast Hebrew Congregation, Knesset Yehoshua |
| Woodside Synagogue/Ahavas Torah |
| Young Israel Ezras Israel of Potomac |
| Young Israel Shomrai Emunah (Ashkenaz) |
| Young Israel Shomrai Emunah (Sefarhadi) |

MAARIV

| | | |
|----------|-----------------------------|---------------|
| 8:15 PM | OSTT (OLNEY) | S-Th |
| | SHC, Knesset Yehoshua | M-Th |
| 8:45 PM | YGW | |
| 9:00 PM | Silver Spring Jewish Center | Fall/Winter |
| 9:30 PM | YGW | Summer |
| | Silver Spring Jewish Center | Spring/Summer |
| 9:45 PM | Ohr Hatorah | M-Th |
| 10:00 PM | YGW | |

BETHESDA

Magen David Sephardic Congregation [S]
11215 Woodglen Dr, North Bethesda, MD 20852

GAITHERSBURG

Chabad of Upper Montgomery County [Ari]
11520 Darnestown Rd, Gaithersburg, MD 20878

OLNEY

Ohev Shalom Talmud Torah (OSTT)
18320 Georgia Ave, Olney, MD 20832

POTOMAC

Beth Sholom Congregation
11825 Seven Locks Rd, Potomac, MD 20854

Chabad of Potomac [Ari]

11621 Seven Locks Rd, Potomac, MD 20854

Young Israel Ezras Israel of Potomac

11618 Seven Locks Rd, Potomac, MD 20854

ROCKVILLE

Beth Joshua Congregation / Berman Hebrew Academy
13300 Arctic Ave, Rockville, MD 20853

JROC

11304 Old Georgetown Rd, Rockville, MD 20852

SILVER SPRING

Chabad of Silver Spring [Ari]
519 Lambertson Dr, Silver Spring, MD 20902

Kemp Mill Synagogue

1910 Kemp Mill Rd, Silver Spring, MD 20902

Ohr Hatorah

1009 Kersey Rd, Silver Spring, MD 20902

Silver Spring Jewish Center

1401 Arcola Ave, Silver Spring, MD 20902

Southeast Hebrew Congregation,

Knesset Yehoshua
10900 Lockwood Dr, Silver Spring, MD 20901

Woodside Synagogue/Ahavas Torah

9100 Georgia Ave, Silver Spring, MD 20910

Yeshiva Gedola of Greater Washington (YGW)

1216 Arcola Ave, Silver Spring, MD 20902

Young Israel Shomrai Emunah [Ashk + S]

1132 Arcola Ave, Silver Spring, MD 20902

WASHINGTON

Chabad of DC [Ari]
2110 Leroy Pl. NW, Washington, DC 20008

Keshet Israel

2801 N Street, NW Washington, DC 20007

Ohev Shalom Talmud Torah/The National Synagogue

1600 Jonquil St NW, Washington, DC 20012